

# Cover Crops and Prevented Planting

Natural Resources Conservation Service



Prolonged rain and flooding have resulted in many fields that will go unplanted this year. Farmers in this situation need to weigh not only their program and insurance options but should also assess agronomic options to ensure long-term productivity.

Producers should explore the benefits of planting a cover crop that has the potential to capture applied nutrients, fix nitrogen, build organic matter, control weeds, control erosion, and improve soil quality during the remainder of the season. Cover crops can build considerable yield potential for crops.

***Producers are advised to check with USDA's Risk Management Agency (RMA) and their individual crop insurance agents on prevented planting requirements, as well as haying, grazing, and harvest restrictions for cover crops grown on prevented planting acres.***

A key soil health concept is to ensure that there is vegetation green and growing during all times of the year.

## Building Versus Losing Topsoil

As excessive rainfall runoff or flood waters cut across unprotected fields, the topsoil may be lost by erosion and scouring. With the productive topsoil lost, so too are the nutrients, organic matter, and soil biology. If tillage is applied to these water-damaged fields to control weeds or smooth them out, recognize the need to cover the field surface with a cover crop to prevent soil erosion, and the further loss of carbon, nitrogen, and residue.

The above-ground biomass will help protect the soil from further sun, wind, and water damage.

Selecting high biomass cover crop mixes will rebuild topsoil. Cover crops, especially if no-tilled, will add organic biomass both above and below ground to rebuild topsoil quicker than if left to grow weeds or especially if left with no cover.

Avoid removing biomass from the field by harvesting for forage or grain, which will reduce the organic matter benefits.



Instead, consider killing or mowing prior to seed-head formation, particularly if reseeding could be incompatible with subsequent crops. This will also ensure rapid decomposition and leave more nutrients in the below-ground plant material available to soil organisms and subsequent crops. Always check with your crop insurance agents and RMA on restrictions for haying, grazing, and chopping cover crops on prevented planting acres.

## Additional Resources

**Prevented or Delayed Planting webpage on farmers.gov**

[farmers.gov/prevented-planting](https://farmers.gov/prevented-planting)

**RMA's Prevented Planting webpage**

[rma.usda.gov/en/topics/prevented-planting](https://rma.usda.gov/en/topics/prevented-planting)

**RMA's Cover Crops webpage**

[rma.usda.gov/en/topics/cover-crops](https://rma.usda.gov/en/topics/cover-crops)

**NRCS Cover Crop Termination Guidelines**

[rma.usda.gov/en/topics/cover-crops](https://rma.usda.gov/en/topics/cover-crops)

## Soil Biology, Structure, and Compaction

Many fields saturated for long periods lose soil organisms that create soil macropores and cycle nutrients. The saturated fields also lose beneficial soil biology, such as mycorrhizal fungi and rhizobia bacteria that build structure and tilth. Without these organisms, the soils are very susceptible to compaction, crusting, and high-bulk density problems.

Some fields may be so compacted that remediation activities are needed. However, cover crops, whether used alone or in conjunction with other compaction remediation activities, are essential to rebuild healthy soil structure. The roots of cover crops help to penetrate compacted zones, hold soil aggregates together, and sustain healthy organisms to restore soil structure. Growing roots are essential to reestablish the mycorrhizae in the soil and to create pathways for air and water to move through the soil profile, which are key components to restoring the soil's functional properties and will keep the pathways open to result in a quicker fix of the compacted layers.

## Building Versus Losing Nitrogen

Cover crops can build organic nitrogen, and/or sequester residual nitrogen in the soil.

A legume or legume mix planted in early summer can help fix nitrogen for the next cash crop. Make sure all legume seed is properly inoculated.

Cover crops, including annual grasses and brassicas, can scavenge residual nitrogen from the soil, and even more in situations where manure or preplant nutrients have been recently applied. Additionally, this results in a more rapid gain in total soil biomass and a higher total nutrient availability for subsequent crops.

## Herbicide Concerns

Ensure herbicides used with crops in the rotation are compatible with cover crop selection and purposes. Some herbicides will carry over in the soil and restrict cover crop establishment, uses, and growth.

## Cover Crop Species Guidance

Cover crop selection and management should focus on maximizing both above and below ground biomass and encouraging nutrient cycling as deep in the soil profile as possible. Choosing a mix of a grass with a fibrous root system and a legume or brassica with a taproot will usually provide the widest range of benefits.

Flowering cover crops such as brassica or composite species can provide valuable food sources for a wide variety of pollinators. Leaving the growth and/or the grain can be a very valuable winter food source for a wide variety of wildlife.

Legumes alone or in combination with grasses can provide quicker soil biology/biota restoration and nitrogen fixation. Growth and development of the legume is directly related to nitrogen fixation. Planting an early-summer legume such as cow peas, will grow rapidly and fix a good amount of nitrogen prior to a killing frost when it will be terminated. For later plantings, an overwintering legume such as red clover should be considered. Make sure all legume seed is inoculated.

Brassicas provide excellent weed control and nitrogen scavenging potential. The taproots are excellent at penetrating tillage pans and dense soil layers. However, planting them early (prior to August) may cause them to bolt and produce seed.

Producers should consult agricultural experts for which cover crops are agronomically sound for the area for erosion control or other purposes related to conservation or soil improvement. Warm-season grasses and broadleaves should be considered first for prevented planting acres.

## Seeding and Establishment

One of the challenges an early to mid-summer seeding poses is the timeliness of rainfall after seeding for germination. It is best if the soil is drilled or incorporated. This will also address concern about crusted soil and seed-to-soil contact. However, non-incorporating seed in wet conditions can allow for more timely applications.



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